

# start **here**

when you need  
help breaking  
through.

The Nova Center for Youth & Family helps children and adolescents overcome the psychological, behavioral and emotional challenges that come with growing up. We help youth build strong, healthy relationships with themselves and with the parents, caretakers, families and community that surround them every day.

The Nova Center for Youth & Family focuses exclusively on helping children and adolescents. We collaborate with clients, parents and caretakers to develop a treatment plan for every child.

We treat every child as an individual with an opportunity for a bright, healthy journey through life.

#### *Programs Offered:*

**Outpatient Counseling** – Individual or group counseling can be offered as often as once per week.

**Intensive Outpatient Substance Abuse Groups\*** – Substance Abuse counseling in a group setting offered multiple times per week.

**Launch Program** – Out-of-school adolescents and young adults (aged 16-24) are coached to reach their educational and career goals.

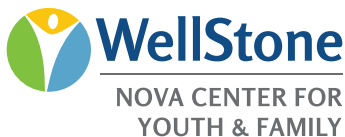
**Intensive In-Home Counseling** – Community and home-based support helps ensure youth with severe behavioral and/or emotional disorders have access to intensive counseling and family support and education.

**Juvenile Court Services** – Our Liaison Juvenile Court assists clients with Juvenile Court, Mental Health Court and Drug Court.

**Nova Academy\*** – A therapeutic half-day program Monday-Friday for children ages 3-5 with significant behavioral challenges that interfere with their ability to be successful in traditional preschool or daycare settings.

#### *Additional Services:*

- Case Management
- Substance Abuse\*
- Nova Academy's Summer Program
- Medical & Nursing Services
- School-Based Therapy
- Play Therapy
- Group therapy
- Cognitive-behavioral Therapy
- Family Therapy



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#### **Access to Care:**

**Huntsville 256.705.6444 • Cullman 256.255.1020**

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**Nova Center Huntsville**  
1900 Golf Road  
Huntsville, AL 35802  
**256.705.6493**

**Nova Center Cullman**  
1909 Commerce Avenue  
Cullman, AL 35055  
**256.734.4688**

**[www.wellstone.com](http://www.wellstone.com)**

\*Huntsville location only. WellStone accepts most forms of insurance including Medicaid, ALL Kids and private pay.